



BOTHELL SONS OF NORWAY

N y h e t e r

MARCH 2010

Volume 38, Number3

Dear Members,

We're just getting started in 2010 and already our lodge has had several successful events and March holds more opportunities to participate.

February started off with the District 2 Ski Race at Trollhaugen. Chris and Diana Hicks competed in what turned out to be a long, tough course. Everyone had a great time despite the fact that there wasn't much snow. And congratulations go to Chris for a Gold medal in her age group and Diana received a Bronze medal. Way to go ladies!

We had our annual Super Bowl Party on the 7th. Lots of fun was had by all. Thanks to Bill and Chris Hicks for organizing this event.

Our first Swedish Weaving class was on the 13th with 10 ladies and one young girl eager to learn this fun and easy form of needle work. Alice Carlson and Dee Kosiba from Normanna lodge were kind enough to come down to be our teachers. Everyone had a great time and there was such enthusiasm that I'm sure we will be holding another class in the near future. So if you missed it, keep your eyes open for notification in a future Nyheter regarding our next class date.

Our lodge night on the 18th started off with a wonderful array of dishes prepared by our members and we feasted on "potluck" for dinner. A big thank you goes to Bill Fosmoe, Mike Nelson and Chris Hicks for the "History of Bothell Lodge" presentation.

We had a very successful Membership Dinner on the 21st. There were a total of 47 people in attendance. Bill Hicks made his famous Norwegian spaghetti which was enjoyed by all. One new member signed up that day and we expect to receive application from 6 others who came to check out our lodge.

To finish up the month, Mike Nelson did his usual wonderful job of teaching those eager to learn how to make the perfect round of lefse. Many thanks, Mike, for sharing your talents.

Looking forward to March, our biggest event is Heritage Day on the 13th. But just before that on the 9th we will have a cookie baking workshop from 9:00am to noon. Please come support our lodge by coming by to help make cookies. And of course come to Heritage Day.

If you have an interest in researching your family history, we will be having a genealogy class on the 20th. Contact our Cultural Directors Selma Snaring or Carleen Lorenz if you would like to take part.

Be sure to come to Lodge night on the 18th to eat your fill of corned beef and cabbage! Thanks in advance to Don & Ellie Fife for preparing this delicious annual St. Patty's Day dinner feast. Our Counselor, Liv Braaten, will be presenting a special Memorial service to honor those of our members who have passed in the last 2 years.

Wow, February was so much fun and more is coming in March. I invite you to be part of it all and make Bothell Lodge *your* lodge.

Fraternally yours,

Wendy Wight

SCHOLARSHIPS & GRANTS / SONS OF NORWAY FOUNDATION

Deadlines for applications occur early in 2010. **NOW** is the time to apply. There are five different scholarships offered to a current Sons of Norway member, child, or grandchild starting at \$1,000.00. There are also four different grants to help lodges. Check out the web site: www.sonsofnorway.com/foundation for all the details.

Lenus Heintz: Foundation Director

College Bound (Call for Scholarship Applications)

The Ray Berg Memorial Scholarship:

is awarded each May by **Bothell Lodge No. 2-106**

You are eligible if you are a member or a child or grandchild of a member of Bothell Lodge and are a high school senior who will be graduating in 2010.

To get an application form please contact: Marianne Bergstrom @: (425) 821-1872

Completed applications need to be received by **April 1, 2010** to be considered. Final selection of the scholarship recipients are made by the Scholarship Committee.

The key criteria for final selection are:

- Grade Point Average
- Long Term Career Goals
- Clarity of Higher Education Plans
- Letters of Recommendation
- Financial Need

An applicant's evidenced interest in Norwegian culture, heritage, and language may be a consideration in the selection process though not a requirement.

In the past several years, either two \$1,000 scholarships or three \$700 scholarships have been awarded. The scholarships will be awarded at the May 13 meeting of Bothell Lodge No. 2-106.

~Marion Vedell~

YOUTH CAMP SCHOLARSHIPS

(Applications

due April 1, 2010)

Spring will be upon us before we know it, so it is time to think about summer camp opportunities. Bothell Lodge No. 2-106 offers scholarships to both Camp Normanna and Camp Trollhaugen each year. Here are the eligibility details:

To be eligible for a Camp Normanna scholarship:

- (a) a child needs to be 9 years old before the camp begins and must not reach age 13 by the first day of camp.
- (b) a child's parent or grand-parent must be a member in good standing of Bothell Lodge 2-106.

To be eligible for a Camp Trollhaugen scholarship:

- (a) a child needs to be 13 years old before camp begins and must not reach age 16 before the first day of camp.
- (b) a child's parent or grand-parent must be a member in good standing of Bothell Lodge 2-106.

It is the intent of the Lodge to contribute to a scholarship for one girl and one boy to attend each camp. Scholarship preference will be given to applicants who have not previously attended camp.

To get an application form, phone Marianne Bergstrom at (425) 821-1872. **The completed application needs to be in by April 1, 2010 to be considered.**

~Marion Vedell ~

BOWLING SCORES

	Team Scratch Game	Oslo	778
	Team Hdcp. Game	Trondheim	974
	Team Scratch Series	Bergen	2041
	Team Hdcp. Series	Bergen	2649
<u>MEN</u>	High Scratch Game	Vel Smith & Larry Lavagetto	225
	High Hdcp Game	David Rude	297
	High Scratch Series	Vel Smith	619
	High Hdcp. Series	Vel Smith	751
<u>WOMEN</u>	High Scratch Game	Shirley Mann	210
	High Hdcp. Game	Phyllis Holmes	268
	High Scratch Series	Molly Thompson	546
	High Hdcp. Series	Phyllis Holmes	743

TEAM STANDING AS OF 2/16/10

1.	OYFJELL	5.	TRONDHEIM
2.	UFF DA	6.	TROMSO
3.	VALHALLA	7.	OSLO
4.	VOSS	8.	BERGEN

NORWEGIAN CLASSES

Classes begin **Tuesday March 23** and run for 9 weeks.

6-7:30pm: Intermediate (continuation for Fall '09 "Pre-Intermediate" & open to any new students)

7:30-9pm: Pre-Intermediate (continuation for Fall '09 "Know A Little" & open to any new students)

The next Beginner class will be in October.

Tuition: \$70 plus \$10 text fee.

Contact:

Scandinavian Language Institute at: 425-771-5203

website: www.SLIseattle.com

e-mail: scandina@SLIseattle.com



2010 Annual



NORDIC HERITAGE DAY

BOTHELL SONS OF NORWAY

23905 Bothell-Everett Highway

Saturday, March 13 , 2010

10:00am to 3:00pm

FREE ADMISSION

FREE PARKING

FOOD DEMONSTRATIONS

CRAFT DEMONSTRATIONS

FIND YOUR ANCESTORS WITH GENEALOGY

LISTEN TO MUSIC

FOOD SAMPLES AVAILABLE FOR TASTING

LUNCH MENU:

{AVAILABLE FOR PURCHASE}

PEA SOUP AND ROMMEGROT

OPEN-FACE SANDWICHES

DESSERTS

NO RESERVATIONS REQUIRED

FOR MORE INFORMATION

206-633-4113

www.bothellsonsofnorway.org

Heritage Day Volunteers Needed

We would like volunteers to come and bake cookies at the Lodge on Tuesday, March 9, 2010 from 9:00 am to 12:00 p.m. **or:** Bake cookies in your home and bring the cookies to the Lodge on Friday, March 12, 2010 at 6:00 pm during setup for the Festival. Your help is so important and appreciated so very much to make our Festival successful. Please call **Carleen Lorenz 425-357-9020** or **Selma Snaring 425-385-2144** to let us know if you will share with us or if you have questions. We look forward to hearing from you. We will once again have demonstrations regarding Norwegian cultural items and are excited to have some new people showing us their wares as well as our favorites from years past. See you at the Heritage Festival
 March 13, 2010 10:00 to 3:00

Heritage Festival
 Wear your bunads to show our heritage. Visitors are always so impressed with their color and design.

WE'RE ON THE AIR

Remember to listen to the **Norwegian Hour** on **Saturday, March 13** at **9:00 a.m.** before you attend the Heritage Festival. Doug Warne, radio host, invited Selma Snaring and Carleen Lorenz, co-cultural directors, to talk about the Heritage Festival on air. **1150 AM on your radio dial.**

**Heritage Festival
 Saturday, March 13, 2010
 10:00 TO 3:00**

Join us on this special day for cultural demonstrations on favorites from years past as well as some new features.

Luncheon menu:

Pea Soup, Rommegrot, Open face sandwiches, desserts and coffee will be available for purchase.

Isn't it good, Norwegian Tinn?

We would like to have a special display of **Norwegian tinn boxes**. You may bring them to the lodge by 9:00 the morning of the festival. The display will be manned and well guarded for display only. We know many of you have old treasured beautiful items.

Greg Holter, genealogist, has agreed to meet with people who wish special assistance, on Sunday, March 14 from 9:00 to 1:00. **Sign up Saturday** for the allotted time slot **with Selma Snaring** at the Festival.

SUNSHINE REPORT

Uff da
 No news is good news

Bunad Class

March 23, 2010 at 10:00am
This is a pre-class requirement to take measurements, choose fabrics, patterns and supplies.

The Bunad class will be: April 13 to 15, 2010 and will begin at 9:00 a.m.
 Instructor: Donna Gilbery.

The cost of the class is \$50.00. The fabric of your choice is \$4.00 to \$20.00 per yard.

Please bring a working sewing machine and have the ability to operate it.

We must have 10 people register for this class.

Please call Carleen Lorenz at 425-357-9020 to register.

Knitting101

If you are interested in either learning how to knit or how to improve your knitting, or if you already knit and want to work on the Cultural badges, or try out new and more complicated patterns, please call April at 424-778-1665.

TRUSTEE CORNER

I would like to thank Trustee David Trueb, who did the duties of Trustee of the Month, for the month of February.

The Trustee of the month is to check the Lodge inside and out, at least once a week during the month. He or she can check the Lodge at their convenience for possible problems, water leaks, doors or windows left open, trees or branch's down, if the heat has been turned down and all lights have been turned off. This was David's first time performing the trustee of the Month's duties. Thanks David, good job.

The Trustee of the Month for March 2010, will be Trustee Mike Nelson.
 Thank You, Mike Nelson, Lead Trustee

TUBFRIM Please remember to save your canceled stamps. **Nancy & Lenus** can answer your questions about this ongoing project at: **206-632-1605**. Your continued support is greatly appreciated.

PARADE FLOAT

To honor and support the Sons of Norway 100 year Celebration, the Board has decided to have a Float in the Syttende Mai Parade with a cake, saying "Happy 100 Years". We will also hand out 100 Norwegian Flags along the route. We need help to get everything ready. The Flags arrived last week and we need someone to unpackage, unroll, and maybe a little ironing to make sure they are nice and flat when we hand them out. We also need help to build the Float and the Cake, prior to the day we decorate the Float. Please call Mike Nelson if you can be of any assistance. 425-486-5275

Rosemaling Class

May 4, 5 and 6, 2010 9:00 a.m. to 3:30 p.m.
\$70.00 plus supplies
(Carleen has an itemized list of cost of supplies)

Beginners are welcome and will start by painting on an 8" plate in the Telemark design. Continuing Rosemalers will paint on a 10" plate in the Gudbrandsdalen design.

Marilyn Hansen, instructor, will have brushes, paints and plates available for sale. (A supply list will be handed out the first day of class.) The class will be held in the basement of the lodge. Bring your lunch.

Contact: Carleen Lorenz 425-357-9020 or Selma Snaring 425-385-2144 to sign up or for questions.

Hall Rentals

The board has voted to suspend one time hall rentals to the public in 2010. Hall rentals will be available at a discounted rate for Bothell lodge members for weddings, receptions, anniversaries, birthdays or other celebrations. There is no hall rental fee for memorials/ celebration of life for Bothell Sons of Norway members. Families are responsible for food and beverages. Additional information can be obtained by calling **Wendy Wight 425 482 0849** or **Ellie Fife 206 633 4113**.



SONS OF NORWAY

Life insurance provides a death benefit; money that your beneficiary can use for whatever purpose they choose.

Life insurance can help to:

Pay your last expenses, which may include estate taxes and burial costs.

Replace your income and help maintain your family's standard of living.

Protect your family's home by paying off the mortgage and other debts.

Pay others to do some of the tasks you do routinely, such as caring for a child or an aging relative, maintaining the yard or home, or providing the time to do these things oneself.

Ensure a child can afford college or a trade school.

Provide supplemental income for your spouse or partner.

Provide funds to settle an estate.

Pay expenses incurred to keep your small business in the family.

Many members have often asked me, "Jerry, how much life insurance do I need?" There's no single correct answer since the amount can range from 2 to 10 times your annual income depending on your personal needs. For your family's needs, call me for a Free Life Insurance Needs Estimate

For more information, call or e-mail

Jerry Label, your Sons of Norway Financial Benefits Counselor, at:

425-640-9830 or jlabel7425@comcast.net

Lefse Class

We had a good turn out for the Lefse class on Sat. February 27th. We had a total of 20 people consisting of members and non-members of all ages. The class lasted about 3 hours and covered what materials are needed and where to purchase them. Participants learned the art of mixing, rolling, turning, cooking and cooling Potato Lefse. Each student sampled their end product and took some home to share with friends and family. I would like to thank Selma Snaring, Solvig Lindstrom, Liv Braaten, Wendy Wight, and Chris Hicks, for helping monitor the class and pass on their expertise.

Thank you, Mike Nelson

THANK YOU MARTIN NG:

Martin's photographic contributions, over the past few years, are appreciated by everyone and especially the lodge historian. His lovely photographs make the yearbook beautiful. Thank you to everyone who contributed photographs, news clippings, letters, thank you notes and other material for the lodge yearbook. You are very much appreciated! For 2010 contributions, please include the name of the event, the date, as well as (left to right) the names of the people in the photographs. If you are submitting letters, please make sure they are dated and, if they are about a person unnamed in the letter, then write down the name of the person. In 2009 I included some letters at the back of the book because I was unsure of the date and the person the letters were about.

Thank you,

Rosemary Boyer,

Historian

Scholarship Awardees of Prior Years

Periodically someone asks me, "Do you hear anything about our scholarship winners of past years?" Yes, I hear about them from their parents or grandparents. I thought it might be interesting to share their stories with our "Nyheter" readers. I will try to do this from time to time as I get information.

Recently, Lenus and Nancy Heintz mentioned Kevin and Laura Klein, their grandchildren. Nancy says: Kevin, the scholarship winner in 2004, went on to the University of Southern California at San Diego. He completed his major studies in Aerospace Engineering receiving a Bachelor of Science degree and a minor in Psychology and participated in U.C. San Diego's track program. Graduating in June 2009, he now has a position at a firm that provides him employment in his field of study.

Laura, the scholarship recipient of 2006, attends the University of Southern California. She was granted a scholarship at USC and is completing her fourth year in Engineering/Architecture this May. Laura has an internship with an Engineering firm which has given her hands on experience and plans to continue at USC for additional studies.

It is heartening to see young people succeed and it is gratifying to know that the Ray Berg Memorial Scholarship has played a part in aiding them toward their chosen goal.

Marion Vedell

**Social Director's Report
By Carol Scheinberg**

We are preparing for what has proven to be one of the most popular and, certainly, one of the most enjoyable events of our year. **On March 18th**, Don and Ellie Fife will once again be preparing their delicious Corn Beef and Cabbage dinner. This is a "must" evening of dining for all! Liv Braaten, our past president, will also lead a memorial in loving memory for our dearly departed members, who have passed away in the last two years. Please join us at this important time.

April will be the baked potato dinner with lots of nutritious and yummy toppings. For entertainment, two members of the popular **New Radio Cowboys** will perform your favorite songs. Katie Peterson is a Seattle-based musician who has performed in the Northwest for many years. Joe Weihe is a multi-instrumentalist, singer, and songwriter who has performed regularly in the San Francisco and Seattle areas

As usual, meetings include drinks at 6:00 PM, followed by dinner at 6:30 and the general meeting at 7:30.

PLEASE, WE NEED VOLUNTEERS to assist with dinner clean up. Any help will be greatly appreciated. Come join in the fun!

BOTHELL LODGE DANCES

MARCH 6, 8:00pm: Bert Carlson
APRIL 3, 8:00pm: Bonnie Birch
MAY 1, 8:00pm: Sylvia

Put on your dancing shoes and come on out for fun and fellowship. This is a great opportunity to get better acquainted with your fellow lodge members. Soft drinks are for sale but the ice is free: **BYOB**

Sons of Norway Members: \$7.00
Non Members: \$9.00

SONS OF NORWAY NAME BADGES

Trying to put names and faces together? **Our name badges help a LOT.** For new members they are an aid in getting to know so many new faces. For current members, name badges help remind us of names we ought to know but just can't remember.

Name badges help us all feel more comfortable so, buy a name badge and remember to wear it! They aren't expensive ---they are welcoming---they are easy to read.

Order yours today from Joyce Burlingame:

donjoy@comcast.net or 206-362-4156

OR

Find her at our next meeting (she's the one wearing the Joyce Burlingame Name Badge)

PIN Name Badges are \$9.00

Magnetic Name Badges are \$10.00 ∞

Mark Your Calendar

Saturday, March 13, 2010:

Heritage Day 10:00 to 3:00

Thursday, March 18, 2010:

Memorial Service 6:30 pm *

*Liv will be out of town in April and requested that The Memorial Service [which is currently scheduled for the April 15th lodge night] be moved to the March 18th lodge night.

LEFSE BAKE

The Lefse workshop, scheduled for March 11, 2010 has been cancelled. We were going to use the Lefse from that Bake for the Lunch Table at Heritage Day. We have enough Lefse in the Freezer to cover our needs. Mike Nelson

**SONS OF NORWAY
BOTHELL LODGE 2-106**

P.O. Box 492
Bothell, Wa 98041

Street Address:
23905 Bothell-Everett Highway

Phone: 425-485-9085
bothellsonsofnorway.org

**Non-Profit Organization
U.S. Postage
P A I D
Permit No. 8
Bothell, Wa
98011**

ADDRESS SERVICE REQUESTED

UPCOMING EVENTS

<u>Tuesday, March 9, 2010</u>	Cookie Workshop	9:00am
<u>Friday, March 12, 2010</u>	Heritage Day Setup	10:00am
<u>Saturday, March 13, 2010</u>	<u>HERITAGE DAY</u>	10am to 3pm
<u>Sunday, March 14, 2010</u>	Genealogy w/Greg Holter	9:00am
<u>Tuesday, March 16, 2010</u>	Bowling at Spin Alley in Shoreline	7:00pm
<u>Thursday, March 18, 2010</u>	Lodge Night/Memorial Service/Cornd Beef	6:30 pm
<u>Tuesday, March 23, 2010</u>	Bowling at Spin Alley in Shoreline	7:00pm
<u>Monday, March 29, 2010</u>	Nyheter Deadline	11:59pm
<u>Tuesday, March 30, 2010</u>	Bowling at Spin Alley in Shoreline	7:00pm
<u>Thursday, April 1, 2010</u>	Board Meeting	7:00pm
<u>Saturday, April 3, 2010</u>	Bothell Lodge Dance	8:00pm

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<u>February Door Prize Winners:</u>		*	<u>Membership Drawing:</u>	<u>NO WINNER</u>
David Rude	\$17.00	*	YOU MUST BE PRESENT TO WIN	
Manda Hosheit	\$10.00	*	Judith Anderson, Carole Hansen, and	
Molly Thompson	\$ 7.00	*	Kimberly Berg-Dunlap	
		*	Next Drawing Will Be:	\$20.00