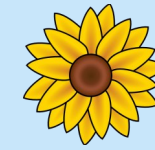


The Nyheter



Volume 54 Number 6

BOTHELL SONS OF NORWAY 2-106

President's Message - June 2026

I'm writing this note to you just after I attended the District 2 Convention in Bremerton and Poulsbo. On Wednesday we had some very productive meetings about our district, events and ways in which we can all work together to further grow Sons of Norway in the Northwest. Our delegates played an active role in leading and steering these discussions. I'll have more to share later on this.



The opening ceremony was a wonderful time with Norwegian foods, culture, bunads and music. I was especially grateful to hear the president of the international organization share his view of our future and our new partnership within BetterLife. Change can make us nervous, so it was good to hear how he plans to lead us forward and help us thrive.

The delegates and I went to Poulsbo SON Lodge for another fantastic dinner Thursday evening. We were encouraged to wear our Norwegian sweaters. There were plenty of intricate designs and beautiful sweaters at dinner this evening. Friday was the District 2 business meeting. Our own Patti Blegen was elected as Zone Director for Zone 3 and she will work with lodges in this area to assist with operations and questions. On Saturday morning we remembered those who have passed in this last year and then later concluded another successful convention.

The convention is a chance to share our Norwegian culture and interest with one another but it is also a wonderful retreat to learn best practices, discuss the joys and difficulties in leading a lodge, and to dig into the difficult business of being a fraternal organization. I believe in Sons of Norway and look forward to working with our board and with many of you in the future to ensure our success. It will involve all of us working together to thrive and grow.

This summer there are many fun-filled events coming for both the Bothell Lodge and District 2. We have family night BBQ, Fourth of July parade, Borderfest, Steak Fry, a Golf Tournament, an Everett AquaSox game and a Classic Car show coming. I invite you to join me at one or all these events.

Check the website or read the Nyheter for details about these summer events.

Takk,

Bill Hicks

Bill Hicks



Nyheter at a glance...

Sunshine Report; Trustees Corner

page 2

Social Events; Classic Car Show

page 3

District 2 Events; Heritage Retreat

page 4

May Meeting Round-Up

page 5

Lodge Photo Montage

page 6 & 7

Lese Gruppe; Library Corner; May Winners

page 8

Sports Update; Volunteers; Stamps

page 8

Meet Shaun Bornemeier

page 10

Nordic on Tap; Recipe Search; Youth Camps

page 11

Upcoming Events

page 12

The Nyheter

SON Bothell Lodge 2-106
 PO Box 492, Bothell, WA 98041 — 23905 Bothell-Everett Highway
bothellsonsofnorway.org — Email: editor@bothellsonsofnorway.org

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SON Bothell Membership — Individual (\$84/year); Family (\$144/year); Membership forms are by the Bothell Lodge front door.

2025 Lodge Officers & Trustees

Executive Board

President	Bill Hicks	206-919-1425
Vice President	Gerry Jessness	281-948-2305
Counselor	Patti Blegen	206-240-7073
Secretary	Trish Lundeen	425-483-5640
Membership Sec	Joan Wraalstad	206-963-8484
Treasurer	Bob Schertzl	206-619-2596
Asst. Treasurer	Jocelyn M. Rehbock	206-295-0034

Officers/Directors

Social Director	Laurie Berg	206-235-5558
Cultural Director	Laurie Berg	206-235-5558
Sports Director	Shaun Bornemeier	425-765-5185
Publicity Director	Susan Kelly	206-718-2710
Asst. Publicity Director	Diana Austin	206-817-8445
Marshall/Greeter	Sarah Calloway-Aksan	425-750-6409
Asst. Marshall	Linda Christians	206-618-2636

Support Officers

Librarian	Marlis Pehling	425-488-4545
Editor	Erik Elvejord	425-501-7236
Web Content Manager	Joan Wraalstad	206-963-8484
Sunshine	Mary Anne Rehbock	206-498-3271
Musician	Ralph Federspiel	425-444-9080
Auditors	Rick & Lori Arnseth	865-414-7392
	Diana Austin	206-817-8445
	George Sjursen	206-290-6999
Foundation Director	Linda Christians	206-618-2636
Historian	Marlys Melrose	206-819-9669
Coord. Volunteer Hours	Laurie Beach	425-736-0555
Financial Counselor	Mike Dyal	425-243-4521

Trustees

2024-26	Don Melrose	206-891-9668
2024-26	Ivar Thompson	425-736-4073
2025-26	Seth Tufteland	206-605-4112
2025-27	Elroy Christenson	206-362-5373
2025-27	Heidi Wiggins	206-330-9178
2026-28	Chris Hicks	425-672-0194
2026-28	Mike Nelson	206-498-2213

District 2 Information sonsofnorwayd2.org
 Trollhaugen Lodge trollhaugensofn.com

Sunshine Report

Birthday cards were sent to Donna Gilberry (May 3), William Fosmoe (May 14), Richard Stenerson (May 28). Gratulerer med dagen!

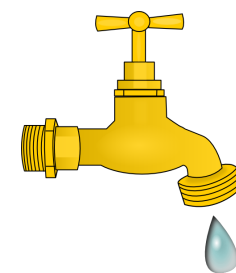
A thinking-of-you card also was mailed to Ragnhild Jonassen.

Please let Mary Anne Rehbock know if someone could use a card of encouragement, congratulations or condolences. She is available at (206) 498-3271 or email her at marehbock@aol.com.



Trustee Corner by Mike Nelson

For the month of May, I (Mike Nelson) served as the trustee of the month. For the summer months our trustees are Chris Hicks in June, Elroy Christenson in July and Don Melrose in August.



Our trustee of the month checks the lodge inside and out at least once a week during the month. He or she looks for possible problems, water leaks, lights left on, and doors or windows left open. They also make sure the heat is turned down.

If you are interested in becoming a trustee for next year and beyond, please contact me at 206-498-2213.



Social & Cultural Happenings

(All Events at Bothell Lodge unless otherwise noted.)

June 18

Lodge Meeting Night



6:30 p.m. Dinner/6:00 p.m. Social Time

Dinner is hot dogs, hamburgers, macaroni salad, beans and watermelon. Root beer floats are for dessert. Cost is \$10 per person. **Reservations must be in by June**

14. E-mail: Dinner@bothellsonsofnorway.org or call the Lodge at [425-485-9085](tel:425-485-9085) and leave a message.

June 27

Parade Float Clean-up

3:00 p.m.

Help spruce up the Viking ship float for the July 4 parade.



July 4

4th of July Parade in Bothell

10:00 a.m. meet at Bothell Lodge

Meet at the lodge to carpool or ride to parade starting point in the float.



July 4

4th of July Parade continued . . .

There will be no picnic at the lodge this year.

No regular meeting in July.

August 23

Classic Car Show and Steak & Chicken BBQ

2:00 p.m. Show and Social Time/4:00 p.m. Dinner

Cost is \$10 per person. **Reservations must be made by August 16.** Please let us know if you would like steak or chicken. E-mail: Dinner@bothellsonsofnorway.org or call the lodge at [425-485-9085](tel:425-485-9085) and leave a message.



Mark your calendar for the Bazaar & Bake Sale on Nov. 7.

Enjoy your summer and stay safe — Social & Cultural Director Laurie Berg

Come to the Classic Car Show and BBQ this August

The Classic Car Show and BBQ is set for Sunday, Aug. 23 in our lodge parking lot. The fun begins at 2 p.m. with several classic, muscle and Volvo cars on display. It's a perfect outing for car enthusiasts and families.

Bothell Lodge provides a grilled steak or chicken with fixings and dessert at 4 p.m., served on our new picnic tables in the back area of the lodge grounds. Cost is \$10 per person for the BBQ dinner. Reservations are required.



Everyone is welcome to join the fun.

To show your Classic Car, bring it to the event between 12 noon and 1:30 p.m. There is no fee to enter and all classic car owners and partners receive a free dinner. However, **those showing cars also must RSVP for dinner by the deadline below!**

Dinner reservations should be in by Aug. 17. Email

dinner@bothellsonsofnorway.org or call the lodge at 425-485-9085.

District 2 Summer Events

Border Festival

Peach Arch Park

July 12 - 11 a.m., Program 1 p.m.

District 2 in the US meets District 7 in Canada for Border Festival at Peace Arch Park in Blaine, Wash. Bring your own beverages, a lunch to share at

your table and dessert to share with all.

Program includes flag ceremony, entertainment, raffles and royalty.

Parking is \$10 or a Discovery Pass.

Contact Elaine Grasdock at

vikings1kg@gmail.com or 360-982-2965

for details.



Steak Fry/Horseshoe & Kubb Tournament

Trollhaugen Lodge

July 18 - Tournament 10 a.m., Dinner 3:30 p.m.

Come play horseshoes and the lawn game Kubb during the morning of the Annual Trollhaugen Steak Fry. A

donation of \$35 is requested for dinner and \$5 for kids meal. For Steak Fry

tickets, contact Bill Hicks at

hicks1015@msn.com or 425-672-0194.

Indicate "steak" or "salmon" when reserving. **Deadline is July 6.**

For overnight reservations at Trollhaugen, email

trollhau@outlook.com.



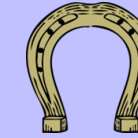
Golf Tournament

Icicle Golf Course, Leavenworth

Aug. 22 - 9:00 a.m. Warm Up, 10:00 a.m.

Tee Off

The annual golf tournament takes place at Icicle Golf Course in beautiful Leavenworth in the Cascade Mountains. Format is team scramble in men's, women's and coed divisions. Carts, snack lunch and banquet included. Cost per player is \$130. Extra banquet tickets are \$30 each. Contact Bill Hicks at hicks1015@msn.com



Norwegian Heritage Featured at Trollhaugen Retreat

Those interested in learning more about Norway and its traditions should plan to join the Her-

itage Retreat this September at Trollhaugen Lodge. The Doreen J. Parker Heritage Retreat takes place over the Sept. 18-20 weekend and will include many activities that range from learning Norwegian songs to rose-maling. Participants also learn about history, folktales, trolls, cooking and other crafts. If instructors have the knowledge, the group may also learn the intricate skills of Hardangersøm, or Hardanger embroidery.



Photo: Peter Hansen/Unsplash.

itage Retreats in 2018. She was the original organizer of the heritage retreats at Trollhaugen Lodge.

Retreat cost is \$160 per person and includes room, all meals, coffee breaks and class supplies. Bring your own bedding, shower towels and toiletries. Space is limited.

Mail registration checks made out to "Heritage Retreat" to Paula Boerner, 201 29th Street, Hoquiam, Wash., 98550. Fee increases to \$170 after Sept. 1.

The retreat was named in honor of Doreen J. Parker, a Grays Harbor Sons of Norway leader who passed

For more information contact Chris Hicks at 425-672-0194 or ChrisD2SofN@outlook.com or Nancy Holter at sol.land.lodge@gmail.com.

A Princess, Campers and Members of the Year at May Meeting

At the May general meeting, several scholarships were given, a princess was selected and members were honored. President Bill Hicks and



Woman of the year Mary Anne Rehbock; Man of the year went to Shaun Bornemeier, who was not at meeting.

Cultural/Social Director Laurie Berg presented the prestigious woman and man of the year awards to Mary Anne Rehbock and Shaun Bornemeier. Both received the honor for their years of service and dedication to Bothell Lodge.

Both have served in several areas

from helping at meetings and events, rolling meatballs, making baked goods, doing yardwork and more. Currently, Mary Anne is the Sunshine Officer and Shaun is Director of Sports. Both volunteer many hours a month and are well-deserving of the honors.

In addition, Bill and Laurie crowned Kaia Gjolmesli as princess of Bothell Lodge for the coming year. Kaia is the daughter of members Steve and Kari Gjolmesli and is a sophomore at Mountlake Terrace High

School. Kaia will participate in Bothell Lodge events and represent the lodge at parades in Bothell this summer and Ballard next spring.



Princess Kaia Gjolmesli.

Finally, eight youths received scholarships of

\$350 each to this year's Sons of Norway summer camps, where they will learn Norwegian traditions, history, music, crafts and language. Scholarships were granted to Keanu Berg, Beatrice Chadband, Emma Resch, Adam Resch, Mattias Tufteland, Kaja

Tufteland, Anayah Boerner Visser and Sophia Boerner Visser. Keanu and Beatrice will attend Camp Trollhaugen and the others will spend two weeks at Camp Normanna. Mattias also presented a brief program about what he learned and experienced last year at camp.



Eight kids received \$350 scholarships each to attend Sons of Norway camps.

Congratulations to everyone!

Bothell SON Lodge in Action

In May a group of members celebrated Bill Fosmoe's 96th birthday with him as he recovers from an injury. Then on May 17, a larger group of adults and kids headed for Ballard to celebrate Norwegian Constitution Day. In late May, officers and delegates attended the District 2 Convention in Bremerton and Poulsbo. More photos will come in July.

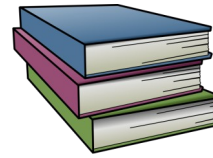


Photos page 6, top left, clockwise and names from left to right: Don Melrose, Bob Schertzl, Chris Hicks, Kay Schertzl, Diana Hicks, Jane Bueing and Mike Nelson celebrate Bill Fosmoe's 96th birthday; Viking father (Seth Tufteland) and son (Mattias); and Bothell members young and old are ready for the Ballard Syttende Mai Parade.

Photos page 7, top left, clockwise and names from left to right: Patti Blegen and Mike Nelson decked in Norwegian Sweaters for Syttende Mai; the Bothell Troll (Carl Stavney) poses with young parade fans; Mike Nelson, Patti Blegen, Laurie Berg and Trish Lundgreen at District 2 Convention; Grace Claus, Miriam Claus and Trish Lundeen waiting for parade to start (Gerry Jessness and George Sjursen in the background); Oliver Sjursen; Everly Sjursen, Greta Claus, Kaja Tufteland and Mirium Claus are ready for Ballard parade (center photo in green border).



Lese Gruppe Meets June 11



Lese Gruppe's next meeting will be on Thursday, June 11, 2026, at 10:30 a.m. at the Bothell Lodge. All are welcome!



At our May meeting, we discussed "The Ladies Rewrite the Rules," by Suzanne Allain. It is a Regency romance novel about a wealthy widow, Diana Boyle. When she discovers her name in a directory of eligible heiresses, she decides to team up with the other women to take control of their courtship, with the help of the directory's attractive author, Maxwell Dean.

The following are our reading selections for the coming months.

June 11, 2026: "The Frog in the Fjord," by Lorelou Desjardins

September 10, 2026: "Theo of Golden," by Allen Levi

October 8, 2026: "Lady in Waiting," by Ann Glenconner

November 12, 2026: "The Correspondent," by Virginia Evans

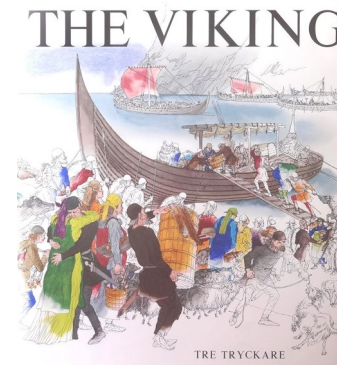
There will be no meetings in July and August.

It is not required that you read the book in order to attend the meeting.

Library Corner by Marlis Pehling, Librarian

We have a fascinating book in our library called "The Viking." It gives detailed information about the early lives of Vikings and how they impacted so

much of the world they invaded, discovered and inhabited.



Vikings traveled abroad not only as warriors but also as pioneers, seeking land, trading opportunities and wealth. To this day, Vikings are

remembered for their craftsmanship around cultural arts, tools and clothes that were used for both peace and war. As a group, the Vikings were very creative.

This book incorporates many great pictures and articles describing Viking travels and activities in Scandinavia and other nearby countries.

Congratulations to the May Winners

Membership Drawing - \$5 Next Month

Drawn for \$5: Bill Trippett (not present) and then Elfi Zier (donated to scholarship fund). Must be present to win.

50/50 Drawing

\$69 collected - \$30 to the Scholarship Fund. Winners were: \$20 to Kari Oedor; \$10 to Karen Stites; \$9 to Solveig Lindstrom.

Door Prize went to Cory Tufteland.

Sports Update

by Sports Director Shaun Bornemeier

Bothell Lodge Day with the Everett AquaSox Coming in August



Join us at Funko Field in August for an Everett AquaSox baseball game. My plan also is to arrange tickets with the all-you-can eat buffet-style picnic in the pavilion. Game specifics and times will be available in the July e-mail newsletter and on our website.

The "Frogs" are the 2025 Northwest League Champions so you'll be seeing some good baseball.

This is great fun with fellow members and a chance to watch future Seattle Mariners play before they make the big leagues. Mariner Colt Emerson, who just got called up this spring, was playing for the Everett AquaSox last season. Who knows who may join the Mariners soon. Watch for game date, time and cost in July!



Lucas Kelly pitching at a recent AquaSox game. Photo: Everett AquaSox.

Don't hesitate to contact me with any sports questions. Keep on exercising and earning sports medals for 2026!

Shaun Bornemeier contact details:

Email: bornemeiers@yahoo.com

Phone: 425-765-5185

Your Help is Needed!



Don't miss out on your opportunity to help, connect and have fun by volunteering at Bothell Lodge. Whether for an hour or monthly, all are welcome.

Sign up sheets are at lodge dinners and meetings. Or reach out to any lodge officer if interested.

Save Stamps

Bring your canceled stamps to the lodge to drop off in the lobby. Cut leaving one-

half of an inch around the stamp to preserve edges.



Meet a Lodge Officer: Shaun Bornemeier

If you have been on a walk with our lodge, watched the Everett AquaSox or Silvertips on lodge night or signed up to earn a sports medal, chances are you have met Shaun Bornemeier, the Bothell Lodge Sports Director.

A Bothell SON Lodge member since 2017, Shaun began serving as a director in 2020. He decided to become the Sports Director because a position opened up and he wanted to help out with the lodge's activities.

He enjoys jogging and spin classes of course, but Shaun also spends his free time gardening, tackling chores around his home and traveling when he can.

On a recent trip to New York this April, Shaun and his wife, Heather, walked in the footsteps of Shaun's mother at the very place she stood on April 9, 1948, at age 4, after arriving in the U.S. from Norway. "My wife and I just visited Ellis Island in April," Shaun said, "which made me appreciate the journey she and her family took to get to America."

His mom immigrated with her two brothers and parents (Shaun's grandparents). His mother was born in Alversund, 21 miles north of Bergen on the west coast. His grandfather was from Alversund and his grandmother came from Tysnes, which is 31 miles to the south of Bergen.



Shaun won a folk art award for Rosemaling at the 2024 District 2 Convention.

In addition to planning and managing



Shaun with his wife, Heather, on some recent travels.

the lodge sports activities, Shaun enjoys the meetings, events and many cultural activities offered by the lodge. He has learned rosemaling and won an award at the last District 2 Convention in 2024.

Together with his wife and two daughters, Kirstin and Hannah, and son, Brayden, Shaun lives in the Big Finn area of Kirkland. While not arranging a special sporting outing, leading a walk or figuring out who gets a sports medal, Shaun works as a supervisor for UW Radiology.

Finally, as a special honor this year, Shaun was selected the Man of the Year for Bothell Lodge due to his service and dedication. Congratulations!



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Looking for Bothell Recipes



District 2 is looking for favorite recipes that are unique to Bothell Lodge. The goal is to gather between 200 and 250 recipes from around the district and compile them into a

nostalgic, comprehensive cookbook before the next convention in two years. Proceeds from the sale of the cookbook will benefit various district programs.

If you have a recipe that is part of our Bothell Lodge legacy, please type it up and send to Sally Dwyer at the address below. Or email it to her at sallydw1942@gmail.com. Please copy Patti Blegan at blegenpl@gmail.com or send her a note that you sent something so she can keep track of recipes submitted.

Send recipes to: Sally Norheim Dwyer; PO Box 1788; Petersburg, Alaska 99833.

Youth Camps 2026

Space Still Available!



Camp Trollhaugen

Ages 13-15

Located in Easton, Washington

June 28 - July 11

Camp Nidaros

Ages 9-12

Located in Gearhart, Oregon

July 12 - July 25

Camp Normanna

Ages 9-12

Located at Lake Riley outside Arlington, Washington

July 26 - August 8

Space still available. For more information, visit sofncamps.com. Or email laurieberq.lb@gmail.com.



Sons of Norway
Bothell Lodge 2-106

Stamp
goes
here

PO Box 492
Bothell, WA 98041
Street Address:
23905 Bothell-Everett Highway

bothellsonsofnorway.org



Label goes here :)

UPCOMING EVENTS

(All events at Bothell Lodge unless indicated otherwise.)

June 4 - Thursday - Board Meeting - 7:00 p.m.

June 10 - Wednesday - Fiber Arts - 7:00 p.m.

June 11 - Thursday - Lese Gruppe - 10:30 a.m. - In Fireside Room.

June 14 - Sunday - Flag Day.

June 18 - Thursday - Lodge Night - 5:30 p.m. Music; 6:00 p.m. Social ; 6:30 p.m.; Family BBQ Dinner

June 21 - Saturday - First Day of Summer.

June 21 - Sunday - Father's Day.

June 27 - Saturday - Parade Float Clean Up - 3:00 p.m.

July 4 - Friday - Independence Day & Bothell July 4 Parade - 10:00 a.m. meet at lodge to head to parade.

July 12 - Sunday - Border Festival - 11:00 a.m. Begins; 1:00 p.m. Program. At Peace Arch Park, Blaine.

July 18 - Saturday - Steak Fry/Horseshoe & Kubb Tournament - 9:30 a.m. Registration; 10:00 a.m. Tournament;
3:30 p.m. Dinner. At Trollhaugen Lodge, Easton.

August 22 - Saturday - District 2 Golf Tournament - 9:00 a.m. Warm Up; 10:00 a.m. Tee Off. At Icycle Golf
Course, Leavenworth.

August 23 - Sunday - Classic Car Show and BBQ - 2:00 p.m. Show; 4:00 p.m. Dinner.
