

The Nyheter *(sommer-lett)*



Volume 54, Number 7

BOTHELL SONS OF NORWAY 2-106, July 2026

Join the Fun at August Classic Car Show and BBQ

The annual Classic Car Show and BBQ is set for **Sunday, Aug. 23** in our lodge parking lot. The fun begins at 2 p.m. with several classic, muscle and Volvo cars on display. It's a perfect outing for car enthusiasts and families, and a chance to talk shop with auto enthusiasts.

Bothell SON Lodge provides a grilled steak or chicken with fixings and dessert at 4 p.m., served on our new picnic tables in the back area of the lodge grounds. Cost is \$10 per person and reservations are required. Everyone is welcome to join the fun!



If you would like to show your Classic Car or Hot Rod, bring it to the event between 12 noon and 1:30 p.m. There is no fee to enter and all classic car owners and partners receive a free dinner. However, **if you are planning to show your car, you also must RSVP for dinner by the deadline below!**

Come enjoy the cars and camaraderie. **Please be sure to get your dinner reservations in by Aug. 17 so we can plan the meal counts.** Call the lodge at 425-485-9085 or email dinner@bothellsonsofnorway.org.



Nyheter at a glance...

List of Officers
Sunshine Report
Trustee Corner
page 2

Summer & Fall Social Events
page 3

Bothell Lodge Everett
AquaSox Game
Recipe Search
page 4

District 2 Summer Events
Heritage Retreat
page 5

Photos of Bothell Lodge
Members
Lese Gruppe
Library Corner
pages 6 & 7

Upcoming Bothell SON
Events
Nordic on Tap Podcast
page 8

Norway vs Brazil

World Cup
Round of 16



Sun., July 5, 1:00 p.m.
FOX TV

The Nyheter

SON Bothell Lodge 2-106

PO Box 492, Bothell, WA 98041 — 23905 Bothell-Everett Highway

bothellsonsofnorway.org — Email: editor@bothellsonsofnorway.org

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SON Bothell Membership — Individual (\$84/year); Family (\$144/year); Membership forms are by the Bothell Lodge front door.

2025 Lodge Officers & Trustees**Executive Board**

President	Bill Hicks	206-919-1425
Vice President	Gerry Jessness	281-948-2305
Counselor	Patti Blegen	206-240-7073
Secretary	Trish Lundeen	425-483-5640
Membership Sec	Joan Wraalstad	206-963-8484
Treasurer	Bob Schertzl	206-619-2596
Asst. Treasurer	Jocelyn M. Rehbock	206-295-0034

Officers/Directors

Social Director	Laurie Berg	206-235-5558
Cultural Director	Laurie Berg	206-235-5558
Sports Director	Shaun Bornemeier	425-765-5185
Publicity Director	Susan Kelly	206-718-2710
Asst. Publicity Director	Diana Austin	206-817-8445
Marshall/Greeter	Sarah Calloway-Aksan	425-750-6409
Asst. Marshall	Linda Christians	206-618-2636

Support Officers

Librarian	Marlis Pehling	425-488-4545
Editor	Erik Elvejord	425-501-7236
Web Content Manager	Joan Wraalstad	206-963-8484
Sunshine	Mary Anne Rehbock	206-498-3271
Musician	Ralph Federspiel	425-444-9080
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	Diana Austin	206-817-8445
	George Sjursen	206-290-6999
Foundation Director	Linda Christians	206-618-2636
Historian	Marlys Melrose	206-819-9669
Coord. Volunteer Hours	Laurie Beach	425-736-0555
Financial Counselor	Mike Dyal	425-243-4521

Trustees

2024-26	Don Melrose	206-891-9668
2024-26	Ivar Thompson	425-736-4073
2025-26	Seth Tufteland	206-605-4112
2025-27	Elroy Christenson	206-362-5373
2025-27	Heidi Wiggins	206-330-9178
2026-28	Chris Hicks	425-672-0194
2026-28	Mike Nelson	206-498-2213

District 2 Information sonsofnorwayd2.org
 Trollhaugen Lodge trollhaugensofn.com

Sunshine Report

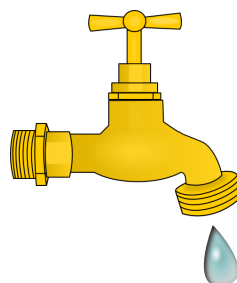
Birthday cards were sent to Marion Vedell (June 7), William Knutsen, Jr. (June 8), Arthur Nelson (June 19), and Anne-Lise Deering (June 20). Gratulerer med dagen!

Please let Mary Anne Rehbock know if someone could use a card of encouragement, congratulations or condolences. She is available at (206) 498-3271 or email her at marehbock@aol.com.



Trustee Corner by Mike Nelson

Chris Hicks was our Trustee in June. For the summer, Elroy Christenson will serve in July and Don Melrose in August.



Our trustee of the month checks the lodge inside and out at least once a week during the month. He or she looks for possible problems, water leaks, lights left on, and doors or windows left open. They also make sure the heat is

turned down.

If you are interested in becoming a trustee for next year and beyond, please contact me at 206-498-2213.



Social & Cultural Happenings

(All Events at Bothell Lodge unless otherwise noted.)

No regular meeting in July.

July 4

4th of July Parade in Bothell

10:00 a.m. meet at Bothell Lodge

Meet at the lodge to carpool or ride to parade starting point in the float. No picnic this year.



August 15

Bothell Lodge Night at Everett Aquasox Baseball Game - Funko Field in Everett

7:05 p.m. game start/Meet at game

Cost is \$16 per person with food/beverage options (see article page 4). For tickets, contact Shaun Bornemeier ASAP at

bornemeiers@yahoo.com or call [425-765-5185](tel:425-765-5185).

August 23

Classic Car Show with Steak & Chicken BBQ

2:00 p.m. Show & Social Time/4:00 p.m. Dinner

Cost is \$10 per person. Reservations due by Aug. 17.

E-mail: Dinner@bothellsonsofnorway.org or call the lodge at [425-485-9085](tel:425-485-9085) and leave a message with count and choice of steak or chicken.



Sept. 28 & Oct. 12, 19 & 26 (4 sessions = one class)

Rosemaling Class

9:30 a.m. - 3:30 p.m. or 6:00 - 9:00 p.m.

Learn the Norwegian decorative folk painting of rosemaling. Create the ornamentation, scrollwork and fine patterns for this unique artform. To register and for latest fees, call Marilyn Hanson at [425-765-3694](tel:425-765-3694).

Oct. 10

Nordic Brunch Event

10:00 a.m.

Enjoy traditional Nordic foods and beverages. Cost is \$25, members/\$30, nonmembers. Call [425-485-9085](tel:425-485-9085) to register by leaving a message.



Oct. 17

Lefse Class

9:00 a.m. – Noon

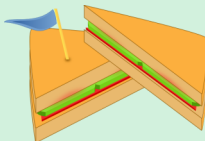
Learn to cook, rice, pat, roll, bake, turn and cool potato lefse. Everything is provided in the class. Cost for members is \$25 and \$30 for nonmembers. Register with Mike Nelson at [206-498-2213](tel:206-498-2213).



Oct. 18

Norwegian Sandwich Class

1:30 p.m.



Master how to prepare traditional Norwegian sandwiches and foods. Cost is \$25 for members and \$30 for nonmembers. Call the lodge at [425-485-9085](tel:425-485-9085) and leave a message to register.

Oct. 24

Pickled Herring Class

10:00 a.m. – 11:00 a.m.

You will receive everything you need to make five pounds of herring. Cost will depend on fish pricing before the class. Please register by Oct. 17 so we can preorder the fish and determine the cost. Call the lodge to register at [425-485-9085](tel:425-485-9085) and leave a message.

Oct. 24

Rømmegrøt Class

11:00 a.m. – 1:00 p.m.

Aquire the skills to make this Norwegian favorite for holidays and special occasions. Rømmegrøt is a rich, sour cream porridge served with cinnamon and melted butter. Cost is \$25, members/\$30, non-members. Space is limited. Register at [425-485-9085](tel:425-485-9085) and leave a message.



Photo: Fredrik Ahlsen/
Visit Norway

Mark your calendar for the Bazaar & Bake Sale on Nov. 7.

Enjoy your summer and Happy July Fourth —
Social & Cultural Director Laurie Berg

Bothell Lodge at Everett AquaSox on Aug 15



Join Bothell SON Lodge at Funko Field on Aug. 15 for an Everett AquaSox baseball game. Game starts at 7:05 p.m. **Tickets are \$16 per person** for upper reserved seating. **Deadline for tickets is Friday, Aug. 7.**

In addition, there are optional vouchers to purchase food and beverages at the stadium concession stands. They include:

- * **\$12.50 Premium Meal Voucher** — choice of hot dog, grilled/smoked sausage, hamburger/cheeseburger, or chicken strips; served with chips and bottled water/soda.
- * **\$10 Alcohol Voucher** — redeemable for one beer or wine at first base concessions.
- * **\$9 Hot Dog Meal Voucher** — hot dog, chips, bottled water at first base concessions.



Webbly, AquaSox mascot.
Photo: Everett AquaSox.

The “Frogs” are the 2025 Northwest League Champions so you’ll be seeing some good baseball.

This is great fun with fellow members and a chance to watch future



Making contact with the ball in a recent AquaSox game.
Photo: Everett AquaSox.

Seattle Mariners before they make the big leagues. Who knows who may join the Mariners soon.

Contact Shaun Bornemeier for tickets and vouchers:

Deadline Aug. 7! We have ONLY 20 reservations, so grab your spot ASAP!

For tickets, contact Sport Director Shaun Bornemeier at **425-765-5185** or email bornemeiers@yahoo.com.

Looking for Bothell Recipes

District 2 wants favorite recipes unique to Bothell Lodge for a comprehensive cookbook to feature 200-250 recipes from all district lodges. Due out before the next convention, proceeds will benefit various district programs.

If you have a recipe that is part of our Bothell Lodge legacy, please type it up and send to Sally Norheim Dwyer at PO Box 1788; Petersburg, Alaska 99833. Or email it to her at sallydw1942@gmail.com. Please let Patti Blegan know you sent something at blegenpl@gmail.com so she can keep track of recipes submitted.



District 2 Summer Events

Border Festival

Peach Arch Park

July 12 - 11 a.m., Program 1 p.m.

Dist. 2 in the US meets Dist. 7 in Canada for Border Festival at Peace Arch Park in

Blaine, Wash. Bring your own beverages, a lunch to share at your table and dessert to share with all. Program includes flag ceremony, entertainment, raffles and royalty. Parking is \$10 or a Discovery Pass. Contact Elaine Grasdock

at viking1kg@gmail.com or 360-982-2965 for details.



hicks1015@msn.com or 425-672-0194.

Indicate "steak" or "salmon" when reserving. **Deadline is July 6.**



For overnight reservations at

Trollhaugen, email trollhau@outlook.com.

Golf Tournament

Icicle Golf Course, Leavenworth

Aug. 22 - 9:00 a.m. Warm Up, 10:00 a.m.

Tee Off

The annual golf tournament takes place at Icicle Golf Course in beautiful Leavenworth in the Cascade Mountains. Format is team



scramble in men's, women's and coed divisions. Carts, snack lunch and banquet included. Cost per player is \$130. Extra banquet tickets are \$30 each. Contact Bill Hicks at hicks1015@msn.com for more information and to **sign up by Aug. 1.** Registration forms on District 2 website.

Steak Fry/Horseshoe & Kubb Tournament

Trollhaugen Lodge

July 18 - Tournament 10 a.m., Dinner 3:30 p.m.

Come play horseshoes and the lawn game Kubb during the morning of the Annual Trollhaugen Steak Fry. A donation of \$35 is requested for dinner and \$5 for kids meal. For Steak Fry tickets, contact Bill Hicks at

Norwegian Heritage Featured at Trollhaugen Retreat

Those interested in learning more about Norway and its traditions should plan to join the Heritage Retreat this September at Trollhaugen Lodge. The Doreen J. Parker Heritage Retreat takes place over the Sept. 18-20 weekend and will include many activities that range from learning Norwegian songs to rose-maling. Participants also learn about history, folktales, trolls, cooking and other crafts. If instructors have the knowledge, the group may also explore the intricate skills of Hardanger, or Hardanger embroidery.

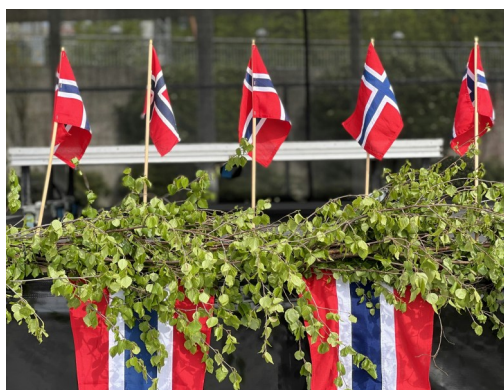


Photo: Peter Hansen/Unsplash.

in 2018. She was the original organizer of the heritage retreats at Trollhaugen Lodge.

Retreat cost is \$160 per person and includes room, all meals, coffee breaks and class supplies. Bring your own bedding, shower towels and toiletries. Space is limited.

Mail registration checks made out to "Heritage Retreat" to Paula Boerner, 201 29th Street, Hoquiam, Wash., 98550. Fee increases to \$170 after Sept. 1.

The retreat was named in honor of Doreen J. Parker, a Grays Harbor Sons of Norway leader who passed

For more information contact Chris Hicks at 425-672-0194 or ChrisD2SofN@outlook.com or Nancy Holter at sol.land.lodge@gmail.com.

Bothell SON Lodge in Action

The lodge held its Family BBQ in June and members who entered the District 2 Folk Art Competition were recognized. There also are more Ballard Syttende Mai parade photos to share. Have a great summer!



Photos page 6, top left, clockwise and names from left to right: Bill Hicks in Ballard Syttende Mai Parade; Mirium Claus, Kaja Tufteland and Greta Claus are holding Bothell Lodge banner, while walking just behind are Grace Claus and Trish Lundeen and other members further back; Eric Stavney and Carl Stavney (in troll costume) at the Ballard parade; Heidi Wiggins shows her sweater entry in Folk Art Competition; and (center) Gerry Jessness speaking through grill smoke at Family BBQ.

Photos page 7 at Family BBQ of Folk Art Competition entries, left to right: Jocelyn Rehbock (left) displays her 2nd Place winning quilt with Emma Resch (center) and Kaja Tufteland; Mattias Tufteland shows his 1st Place winning rosemaling box with friend Adam Resch (left).



Lese Gruppe ("Reading Group")

Lese Gruppe's next meeting will be on Thursday, September 10, 2026, at 10:30 a.m. at the Bothell Lodge. All are welcome!



At our June meeting, we discussed "A Frog in the Fjord: One Year in Norway," by Lorelou Desjardins. The author gets a job offer in Oslo and decides to move to Norway despite her limited knowledge of the country and its customs. During one year she will try to understand

Norwegians, learn their language and adopt their traditions. Lorelou sails through this journey, making Norwegian friends, dating a Scandinavian, cycling all over the country to discover this wonderful land and falls slowly in love with Norway.

The following are our reading selections for the coming months.

September 10, 2026: "Theo of Golden," by Allen Levi

October 8, 2026: "Lady in Waiting," by Ann Glenconner

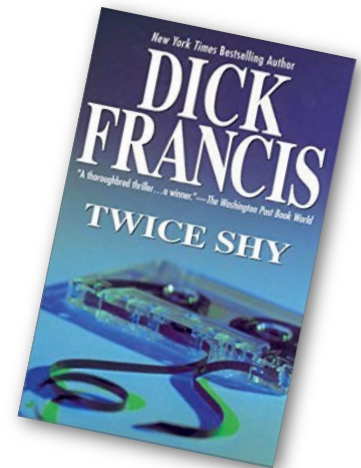
November 12, 2026: "The Correspondent," by Virginia Evans

There will be no meetings in July and August.

It is not required that you read the book in order to attend the meeting.

Library Corner by Marlis Pehling, Librarian

We have a nice addition to the library called "Twice Shy." A suspenseful thriller from the '80s, the novel is written by Dick Francis, a well-known English author and former jockey. The story is about a young physicist, Jonathan Derry, who is given a musical cassette by a friend who soon dies violently. The cassette is really a computer program for a horse race handicapping system that is designed to be error-free and make the one who possesses it a very rich man — if he can stay alive. The story is a tense, intriguing tale of what happens to Jonathan as he attempts to hold the cassette and turn the tables on those chasing him.



To check out resources from the lodge library, please sign the logbook in the Fireside Room.

Calendar of Upcoming SON Events

(All events at Bothell Lodge unless indicated otherwise.)

July 4 - Friday - Independence Day & Bothell July 4 Parade - 10:00 a.m. meet at lodge to head to parade.

July 12 - Sunday - Border Festival - 11:00 a.m. Begins; 1:00 p.m. Program. At Peace Arch Park, Blaine.

July 18 - Saturday - Steak Fry/Horseshoe & Kubb Tournament - 9:30 a.m. Registration; 10:00 a.m. Tournament; 3:30 p.m. Dinner. At Trollhaugen Lodge, Easton.

August 22 - Saturday - District 2 Golf Tournament - 9:00 a.m. Warm Up; 10:00 a.m. Tee Off. At Icicle Golf Course, Leavenworth.

August 23 - Sunday - Classic Car Show and BBQ - 2:00 p.m. Show; 4:00 p.m. Dinner.

September 3- Thursday - Board Meeting - 7:00 p.m.

September 7 - Monday - Labor Day

September 9 - Wednesday - Fiber Arts - 7:00 p.m.

September 10 - Thursday - Lese Gruppe - 10:30 a.m. - In Fireside Room.

September 12 - Saturday - Pancake Breakfast, Normanna Everett Lodge - Starts 7:30 a.m.

September 17 - Thursday - Lodge Night - 5:30 p.m. Singing/Music; 6:00 p.m. Social; 6:30 p.m. Dinner; 7:30 p.m. Meeting

September 18 - Friday - Bunco Night- 6:30 p.m.

September 18-20 - Friday, Saturday & Sunday - Doreen J. Parker Heritage Retreat at Trollhaugen Lodge, Easton - 6:00 pm. Friday Start

September 28 - Monday - Rosemaling Class (first of four) - 9:30 a.m. to 3:30 p.m. or 6:00 to 9:00 p.m.



Interviews, folktales,
music, and hygge.

Listen on the internet at
nordicontap.com
Anytime. Any hour.

With host, Eric Stavney
and cool people like you