November 2026 Vol. 54, No. 11

# THE NYHETER

Sons of Norway Bothell Lodge 2-106



Feature Story

## Lutefisk Dinner Just Around the Corner

The annual Lutefisk and Meatball Dinner arrives on Saturday, Dec. 5. Reservations are required for set seating times. See inset box in article for details on reserving your time. This annual event is one of the major undertakings by Bothell SON Lodge and raises important funds for the coming year.

Last year, the dinner was a huge success thanks to the many members who lent a hand at different times. More than 50 helpers logged more than 510 hours over three days. Lodge volunteers boiled 500 pounds of lutefisk, peeled 350 pounds of potatoes and rolled nearly 9,800 meatballs for more than 550 guests. It does take a village.

**Volunteers are needed!** Your task should, you choose to accept it, starts days before.

**The week of Lutefisk Dinner:**

**Nov. 30, Monday, 9 a.m.**
Volunteers bring equipment down from upstairs and wash it.

**Dec. 3, Thursday, 9 a.m.**
Roll meatballs until completed. Usually this take 3 hours.

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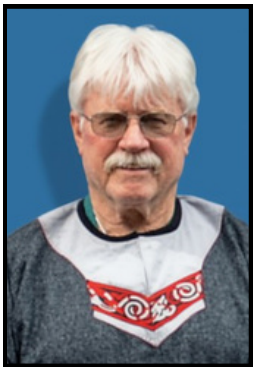
# A Message from our President



Good Day,

Well, here we are already into November and how the time is flying. I want to thank Seth and his crew for the awesome Viking meal last month and I look forward to the surprise for November's dinner. Early October also was very somber as many of us learned of the passing of lodge member Vicki Nelson. Our prayers go out to her family and loved ones.

The time has come to prepare our slate of officers for next year. If asked, I hope you will step up and help us keep Bothell as a leader among lodges within the district.

Again, there are events we are planning and managing so it continues to be a busy fall season. We all know that there will be invitations to join your fellow members and help with our upcoming dinners and events. Some of the areas are for food preparation, setting up our venue, helping in the kitchen and tidying up afterward. I know you will all step up and volunteer to assist.

You may have noticed a new look to the Nyheter this month. Since Microsoft has discontinued Publisher, this month we are launching a new design through Canva. I think you will enjoy it but please bear with us as we learn more about the software program and tweak things in the coming months.

Lastly, I do want to thank you all for your faith and trust in me as your lodge president. I hope the new board will bring new adventures and activities in the coming year.

Here's to an exciting fall and winter at the Bothell Sons of Norway Lodge.

Takk,

Bill Hicks

Bill Hicks

SONS of NORWAY

**Important Notice**

# Building Association Meeting



Every year, in order to fulfill the bylaws for our separately organized Building Association, we must hold a meeting to review finances, project status and future liabilities. This meeting will take place on Nov. 19, directly after the general meeting. All members at the general meeting are encouraged to stay for the very short Building Association meeting.

From Kay Schertzl

# Annual Harvest for Hopelink Thanksgiving Dinner

Come and participate in the 11th annual Harvest for Hopelink Thanksgiving Dinner at the Nov. 19 lodge meeting. Over the years, we have raised thousands of dollars for this worthy cause and I know this year will be our best effort yet.




**What's Changed?**

- The need for help is greater than last year.
- Our mystery member again will match your additional cash donations up to $200. But this year, they will add a bonus $25 if we pass last year's cash donations of $857!
- Once more, Thrivent Financial granted us funds to help cover most expenses. And this year, Sons of Norway's new partner, Better Life, added more funds to cover all dinner expenses

**What Hasn't Changed?**

- You will be served our traditional Thanksgiving dinner for only $10. Dinner includes roasted turkey, stuffing, mashed potatoes and gravy, sweet potatoes, green beans, rolls, homemade cranberry sauce and homemade pumpkin chocolate chip cookies.
- This event remains Bothell SON Lodge's main fundraiser to help our local community through Hopelink, our neighborhood food bank and emergency services organization.
- All proceeds will be given to Hopelink. I am still counting on your care and generosity to once again make our dinner a huge success.
- Help with cleaning up is always appreciated.



Come share dinner with your fellow members. Bring a guest. Please consider additional cash donations to meet the challenge.

*Continued on page 7.*

**From Laurie Berg, Social & Cultural Director**

# Social and Cultural Happenings

The holidays are just around the corner.

Thank you to Seth Tufteland and his team for the yummy Viking dinner last month. This month, our lodge dinner is Nov. 19. This will be our Thanksgiving dinner.

This dinner is popular so **EVERYONE NEEDS** to get their reservation in no later than Sunday, Nov. 15. Please email your name, phone number, and how many dinners you would like to dinner@bothellsonsofnorway.org.

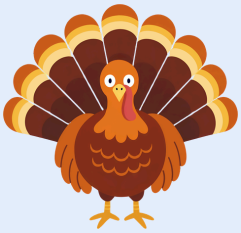
Nov. 7 is the Bazaar and Bake Sale from 9 a.m. to 3 p.m. **Help is still needed with set-up, take-down and food preparation!** Please email at or call to laurieberg.lb@gmail.com/206-235-5558 if you are available to help. This event is one of our biggest fundraisers.

**Please Note These Upcoming Events**

Lutefisk dinner Dec 5. Reservations required.

Help is needed for the Dec. 13 Family Christmas Party. Please make this event a success by stepping up to help. There is NO Lodge meeting in December.

Enjoy the crisp air and falling leaves.



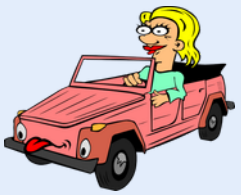
**Nov. 19**
**Lodge Meeting – Hopelink Thanksgiving Dinner**
**6:00 p.m. Social Time/6:30 p.m./ Thanksgiving Dinner/ 7:30 p.m. Meeting**
Dinner features roasted turkey, stuffing, mashed potatoes and gravy, sweet potatoes, green beans, cranberry sauce, rolls and homemade pumpkin chocolate chip cookies. As the Hopelink Fundraiser, please bring items for the food bank or a cash donation. All proceeds for dinner go to Hopelink. Cost is $10 per person. Reservations must be in by Nov. 15. E-mail: Dinner@bothellsonsofnorway.org with name, phone number and number of dinners desired.



**Nov. 7**
**Bazaar and Bake Sale**
**9:00 a.m. - 3:00 p.m.**
Holiday gifts and Nordic goodies. Find rosemaling, sweaters, handmade wreaths, home items, dolls and more. Mead tasting room.



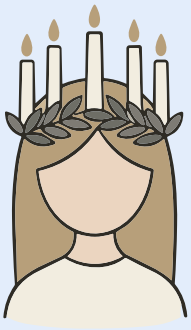

**Dec. 5**
**Lutefisk and Meatball Dinner**
**11:30 a.m./1 p.m./2:30 p.m./4 p.m./ 5:30 p.m. Seating Times**
Lutefisk and Meatball Dinner menu also features boiled potatoes, coleslaw, lefse, ice cream and cookies. Cost is $45 per adult, $12 per child under 13 years, and free for kids under 5. Email lutefisk@bothellsonsofnorway.org to make reservations for a specific time by Nov. 30.



**Dec. 12**
**Swedish Pancake Breakfast — At Normanna Lodge in Everett**
**8:00 a.m. – 11:00 a.m.**
Get Swedish pancakes, strawberries or syrup, and ham. Coffee, tea or milk to drink. Pick-up or dine-in. $10 per person. Cash, checks and cards accepted. No reservations required.

*Continued on next page.*

## Social and Cultural Happenings continued



**Dec. 13**
**Family Christmas Party**
**1:00 – 4:00 p.m.**
Come join us at the Bothell Lodge for lots of family fun. Please bring hearty snacks to share along with your favorite cookies. St . Lucia program at 2:00 p.m. Decorate cookies, make simple Christmas crafts and enjoy the afternoon.



**Dec. 17**
*NO LODGE MEETING.*

**Dec. 18**
**Tom and Jerry Party (adults 21+)**
**7:00 – 9:00 p.m.**
Holidays are just around the corner and you deserve a relaxing night out! Hosted in the Bothell Lodge Main Hall, our event features a cozy fire burning on the big screen and Scandinavian music. Homemade Tom and Jerries and Hot Buttered Rums will be served along with appetizers. Feel free to bring something to share. Wear your favorite holiday sweater/shirt. $5 donation suggested.




## Scholarships

# Ray Berg Scholarship Fund Raffle




It is raffle time again for the Ray Berg Scholarship Fund. This year we will have more items given away, including popular Rosemaling designs, gift certificates and a goody basket. Each prize will have its own ticket container.

Tickets sales begin at the November Bazaar and Bake Sale and are priced at three for $5.00. They will be available at lodge meetings and events through the March Heritage Day, where the winners will be selected. Winners do not need to be present to win.

Proceeds will go to the Ray Berg Memorial Scholarship Fund, which provides support to young adults for university or trade school studies after high school. Applicants must be a member, or child, grand-child, niece or nephew of a Bothell SON member.



Lodge Classes

# October Classes a Hit

October saw nearly 40 turn out to the Bothell Lodge to learn how to paint rosemaling and make lefse, pickled herring, sandwiches and rømmegrøt.



In early October, Marilyn Hansen finished up the last two of four classes in her Rosemaling Course. An accomplished artist, Marilyn shares her craft with members and nonmembers every spring and fall.

Then, on Oct. 17, to master the art of lefse making, 12 (10 nonmembers) showed up to mix, roll, turn, cook and cool potato lefse. Each student took some home to share as well. On Oct. 19., Laurie Berg taught a small but enthusiastic couple about Nordic sandwiches.



Mike Nelson extends his thanks to Patti Blegen for helping to cook and rice potatoes for the session a day before. He also thanks Laurie Berg, Solveig Lindstrom and Patti for helping attendees during the class.

On Oct. 24, a cozy group of seven novices learned how to prepare pickled herring from Mike, who also taught this class. Each pupil took around 5 pounds of fish home with them.

At 11 a.m. after the Pickled Herring Class, Heidi Wiggins demonstrated how to prepare rømmmegrøt, a traditional Norwegian sour cream porridge. Ten participants learned the subtleties of mixing, heating and cooking off the butter from the porridge mix. Samples were enjoyed of the final product topped with cinnamon and butter.

Lodge classes are a great way to learn about Norwegian cooking and traditions and to enjoy the company of like-minded souls. Read the Nyheter for more classes coming next year.





## Lutefisk Dinner continued

**Dec. 4, Friday, 9 a.m.**
Peel potatoes and set up tables and buffet.

**The Big Day:**

**Dec. 5, Saturday, 10:00 a.m. – 7:00 p.m.**
There are many different needs to fill ranging from stand-up and walking tasks to sitting jobs. The dinner will be buffet style again this year, however waiters, seating hostesses/hosts and table clearers will be needed. In the kitchen, volunteer positions include dishwasher loaders, pan washers, cooks, helpers and more. Volunteer for a couple of hours or an entire day. All are welcome.




"Thank you to those that have already volunteered," says Chris Hicks, official "Leader of the Fish." "We cannot do this special event without members that can help. I welcome others to join us."

To volunteer or if you have any questions, please contact Chris by e-mail at ChrisD2SofN@outlook.com or call 425-672-0194. She is looking for a school of helpers.

### Attend Lutefisk and Meatball Dinner

First seating at 11:30 a.m. This is followed by four more seatings at 1:00 p.m., 2:30 p.m., 4:00 p.m. and 5:30 p.m.

Cost: $45 per adult; $12 per child 12 and under; kids under 5 free.

Lutefisk and Meatball Dinner also includes boiled potatoes, coleslaw, lefse, ice cream and cookies.

Reservations accepted until Nov. 30 or sold out. Email seating time and number of meals to lutefisk@bothellsonsofnorway.org.

## Hopelink November Dinner continued

Also consider donations to the food bank. Better yet, maybe bring food and donate cash.

Hopelink Dinner is Nov. 19 at 6:30 p.m. Please RSVP for dinner with name and count by Sunday, Nov. 15, at dinner@bothellsonsofnorway.org or call 425-486-5275. After all, we cannot cook an additional turkey at the last minute!

"Mange takk" — Many thanks.




### Bring These Items Nov. 19!

- Non-perishable meals (canned, packaged or pouches/instant Ramen).
- Canned meats.
- Canned fruits and vegetables.
- Pasta and grains.
- Healthy cereals.
- Peanut butter.
- Soups and broths (low sodium appreciated).
- Cooking oils.
- Dried and sealed spices (salt and pepper).
- Baking items such as flour and sugar.
- Paper towels and toilet paper.
- Baby supplies (including large-sized diapers and baby wipes).
- Individual toothbrushes, toothpaste and floss.
- Soap and shampoo.
- Household items such as Clorox wipes and reusable grocery bags.
- Cash donations!

**Reminder**

# Baked Goods Needed for Bake Sale

The SWEETEST time of the year is fast approaching. It's time to get out your favorite Scandinavian recipes and provide baked goods for the Bazaar, Luncheon and Bake Sale on Saturday, Nov. 7.

Jams and jellies are also crowd-pleasers. Non-Scandinavian baked goods are also welcome.

The community and other lodges look forward to this sale and many show up with boxes to fill for the holidays so your baking skills and support are in demand.

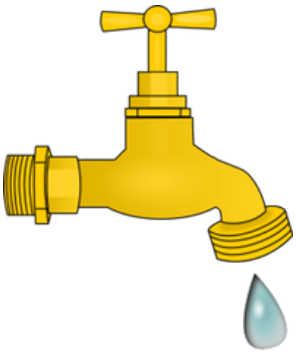



Please bring your baked goods to Bothell Lodge on Friday, Nov, 6 from 9-5 p.m. We can always use help in packaging the baked goods that day, too.

For more information, contact Laurie Beach at 425-736-0555 or beachplace21@comcast.com.

**From Mike Nelson**

# Monthly Trustee Corner



I would like to thank Trustee Seth Tufteland for doing the Trustee duties for the month of October.

Our trustee of the month checks the lodge inside and out at their convenience at least once a week during the month. He or she looks for possible problems, water leaks, lights left on, and doors or windows left open. They also make sure the heat is turned down and check the outside for downed trees or branches.

October has been a busy month. Around the lodge, volunteers helped:

- Rake the parking lot and grounds to clear pine cones, leaves and debris.
- Put out recycling for pick up.
- Change the sign (Seth Tufteland and Mike Nelson).
- Clean the front entry area.
- Spray for weeds.
- Mark spaces in the parking lot.
- Change furnace filters.
- Move the Viking equipment from the lodge basement to storage area now located in a portion of the little house (Mattias and Seth Tufteland)
- Fix the pilot light in the gas stove.
- Store hoses and sprinkler system for the winter.

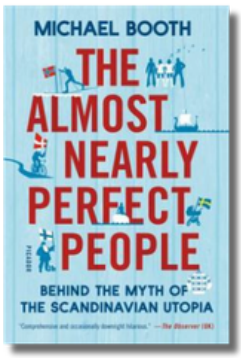
The Trustee for November will be Ivar Thompson.



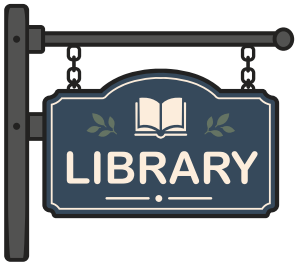
**From Marlis Pehling, Librarian**

# Library Corner

Another interesting book we have to read is “The Almost Nearly Perfect People: Behind the Myth of the Scandinavia Utopia,” written by British journalist Michael Booth. He analyzes the people in Norway, Sweden, Denmark and Finland. Scandinavia is considered to be a homogeneous society and the author reviews this and the many myths accompanying this perspective with a fun approach.




Booth — who lived in Denmark for over a decade — grew frustrated with the idealized and monocentric view of the Nordic region, culture and peoples. To understand the different complexities in the region, he traveled across all five Nordic




countries to examine their societal successes, regional rivalries and hidden flaws to reveal a more honest picture of the North.

I am mostly Norwegian and have traveled there to see family. I found the people enjoyable and the experience beneficial even with the many layers and viewpoints one discovers within the population. Happy reading!

**From Myrna Ramstad**

# Lese Gruppe - “Reading Group”

Lese Gruppe's next meeting will be on Thursday, November 12, 2026 at 10:30 a.m. at the Bothell Lodge. All are welcome!



At our October meeting, we discussed "Lady in Waiting: My Extraordinary Life in the Shadow of the Crown," a memoir of drama, tragedy and royal secrets by Anne Glenconner — a close member of the royal circle and lady-in-waiting to Princess Margaret.

The following are our reading selections for the coming months.

November 12, 2026: “The Correspondent,” by Virginia Evan

December 10, 2026: “The Christmas Bookshop,” by Jenny Colgate






It is not required that you read the book in order to attend the meeting.

For information about Lese Gruppe, please contact Myrna Ramstad at (206) 365-6913.

## From Shaun Bornemeier, Sports Director

# Sports Update

Have a Happy Thanksgiving. Then, after all your online and in-store holiday shopping, join fellow lodge members for a wonderful evening among festive lights. Event details:

**Bellevue Botanical Garden Garden d' Lights**
**Date/Time:** Sunday Nov. 29 @ 6 p.m.

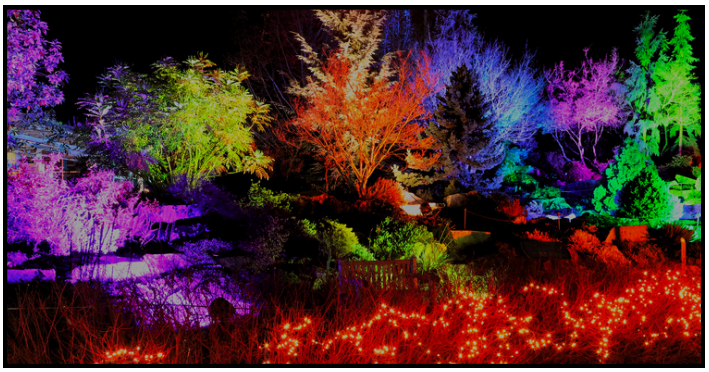


Photos: Charles Mauzy

**Location:** The Bellevue Botanical Garden, 12001 Main Street, Bellevue.

Meet me at the event entrance at 5:50 p.m. so that we can go in as a group at 6 p.m.

Tickets will need to be purchased in advance on the Bellevue botanical garden website at BellevueBotanical.org under the events tab. Cost is $10 per person. Ten and under are free. Please contact me at 425-765-5185 or bornemeiers@yahoo.com if will attend this event.



Garden d'Lights features more than half a million sparkling lights formed into the whimsical shapes of plants, flowers, birds, animals and cascading waterfalls amid the natural beauty of the gardens. For more information visit BellevueBotanical.org.

## Drawing Winners



Below are winners at our October meeting.

**Membership Drawing**
For $10: Gary Turcott and David Hoag (both not present). Must be present to win. $15 next month.

**50/50 Drawing for Scholarship Fund**
$27 collected - $14 to Scholarship Fund. Winners were: $5 to Marlys Melrose; $5 to Wendy Wight; $3 to Bill Hicks. All donated winnings back to Scholarship Fund.

## Save Stamps

Bring your canceled stamps to the lodge to drop off in the lobby. Cut leaving one-half of an inch around the stamp to preserve edges.




## Sunshine Report



Birthday cards were sent to Doris Borgen (10/24); Marilyn Hanson (10/27); and Doris Herrett (10/31). Gratulerer med dagen!

Sympathy cards were mailed to Art Nelson on the passing of his wife, Vicki, and to Jan Bueing for the recent loss of her brother.

A thinking-of-you card was mailed to Bill Fosmoe at the new community where he has moved.

Please let Mary Anne Rehbock know if someone could use a card of encouragement, congratulations or condolences. Contact at 206-498-3271 or marehbock@aol.com.

## Calendar

### November

**5** - Thursday - Board Meeting - 7 p.m.
**6** - Friday - Help with Bazaar and Bake Sale - All day for drop off of baked goods; 1 p.m. to help with other tasks.
**7** - Saturday - Bazaar and Bake Sale - 9 a.m. to 3 p.m.
**11** - Wednesday - Veterans Day
**11** - Wednesday - Fiber Arts - 7 p.m.
**12** - Thursday - Lese Gruppe - 10:30 a.m. - In Fireside Room
**14** - Saturday - Pancake Breakfast, Normanna Everett Lodge - Starts 8 a.m.
**19** - Thursday - Lodge Night - 6 p.m. Social; 6:30 p.m. Turkey Dinner; 7:30 p.m. Meeting
**26** - Thursday - Thanksgiving
**30** - Sunday - Bothell Lodge at Garden d'Lights, Bellevue Botanical Garden, Starts 6 p.m.

### December

**1 - 4** - Tuesday through Friday - Helping with Lutefisk Dinner at lodge. - 9 a.m. daily.
**4 -12** - Friday through next Saturday - Hanukkah
**3** - Thursday - Board Meeting - 7 p.m.
**5** - Saturday - Lutefisk and Meatball Dinner - 11:15 a.m. to 7 p.m.
**9** - Wednesday - Fiber Arts - 7 p.m.
**10** - Thursday - Lese Gruppe - 10:30 a.m. - In Fireside Room
**12** - Saturday - Pancake Breakfast, Normanna Everett Lodge - Starts 8 a.m.
**13** - Sunday - Family Christmas Party (St. Lucia program) - 1 to 4 p.m.
**18** - Friday - Tom and Jerry Party (21+) - 7 to 9 p.m.
**24** - Thursday - Christmas Eve
**25** - Friday - Christmas
**31** - Thursday - New Year's Eve

## Lodge Officers

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SON Bothell Lodge 2-106
PO Box 492, Bothell, WA 98041 — 23905 Bothell-Everett Highway
bothellsonsofnorway.org — Email: editor@bothellsonsofnorway.org

Published monthly from Sept. through June (10 issues). Articles for consideration must be submitted to editor by the 21st of each month prior. Full-color version at bothellsonsofnorway.org.

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SON Bothell Membership — Individual ($84/year); Family ($144/year); Membership forms are by the Bothell Lodge front door.

**2025 Lodge Officers & Trustees**

**Executive Board**

| | | |
|---|---|---|
| President | Bill Hicks | 206-919-1425 |
| Vice President | Gerry Jessness | 281-948-2305 |
| Counselor | Patti Blegen | 206-240-7073 |
| Secretary | Trish Lundeen | 425-483-5640 |
| Membership Sec | Joan Wraalstad | 206-963-8484 |
| Treasurer | Bob Schertzl | 206-619-2596 |
| Asst. Treasurer | Jocelyn M. Rehbock | 206-295-0034 |

**Officers/Directors**

| | | |
|---|---|---|
| Social Director | Laurie Berg | 206-235-5558 |
| Cultural Director | Laurie Berg | 206-235-5558 |
| Sports Director | Shaun Bornemeier | 425-765-5185 |
| Publicity Director | Susan Kelly | 206-718-2710 |
| Asst. Publicity Director | Diana Austin | 206-817-8445 |
| Marshall/Greeter | Sarah Calloway-Aksan | 425-750-6409 |
| Asst. Marshall | Linda Christians | 206-618-2636 |

**Support Officers**

| | | |
|---|---|---|
| Librarian | Marlis Pehling | 425-488-4545 |
| Editor | Erik Elvejord | 425-501-7236 |
| Web Content Manager | Joan Wraalstad | 206-963-8484 |
| Sunshine | Mary Anne Rehbock | 206-498-3271 |
| Musician | Ralph Federspiel | 425-444-9080 |
| Auditors | Rick & Lori Arnseth | 865-414-7392 |
| | Diana Austin | 206-817-8445 |
| | George Sjursen | 206-290-6999 |
| Foundation Director | Linda Christians | 206-618-2636 |
| Historian | Marlys Melrose | 206-819-9669 |
| Coord. Volunteer Hours | Laurie Beach | 425-736-0555 |
| Financial Counselor | Mike Dyal | 425-243-4521 |

**Trustees**

| | | |
|---|---|---|
| 2024-26 | Don Melrose | 206-891-9668 |
| 2024-26 | Ivar Thompson | 425-736-4073 |
| 2025-26 | Seth Tufteland | 206-605-4112 |
| 2025-27 | Elroy Christenson | 206-362-5373 |
| 2025-27 | Heidi Wiggins | 206-330-9178 |
| 2026-28 | Chris Hicks | 425-672-0194 |
| 2026-28 | Mike Nelson | 425-486-5275 |

| | |
|---|---|
| District 2 Information | sonsofnorwayd2.org |
| Trollhaugen Lodge | trollhaugensofn.com |

Sons of Norway Bothell Lodge 2-106
PO Box 492
Bothell, WA 98041

Street Address:
23905 Bothell-Everett Highway
bothellsonsofnorway.org

